

CURRICULUM VITAE

Name Laurence M. Westreich

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Place of Birth Minneapolis, MN

Education 1988 M.D. University of Minnesota
1983 B.A. Northwestern University

Postdoctoral Training

Internships and Residencies

7/89 - 6/92 Psychiatry Residency, Beth Israel Medical Center, New York, NY
7/88 - 6/89 Internal Medicine Internship, Hennepin County Medical Center, Minneapolis, MN

Clinical and Research Fellowships

7/92 - 6/94 Substance Abuse Fellowship,
New York University Medical Center/ Bellevue Hospital

Licensure and Certification

12/10 Medical Review Officer, certified by Medical Review Officer Certification Council,
Certificate #10-09012

9/97 Medicine and Surgery, New Jersey, License #66424

12/94 Added Qualifications in Addiction Psychiatry, American
Board of Psychiatry and Neurology, Certificate #764

11/93 Board Certification in Psychiatry, American Board of
Psychiatry and Neurology, Certificate #38526

1/91 Medicine and Surgery, New York, License #184592

6/89 Diplomate, National Board of Medical Examiners, Parts I, II and III, Certificate #357715

Academic Appointments

1998-present Clinical Associate Professor, New York University School of Medicine, New York, NY
1992-98 Faculty Member, New York University School of Medicine, New York, NY

Hospital Appointments

4/98-12/08 Consulting Staff, Mountainside Hospital, Montclair, N.J.
1/93-3/07 Assistant Attending, Beth Israel Medical Center
7/92- 8/07 Clinical Assistant, Bellevue Hospital Center

Other Professional Positions

1/07 – present Member, Therapeutic Use Exemption Committee, PGA Tour
4/05 – present Member, Therapeutic Use Exemption Committee, United States Anti-Doping Agency
(USADA)
4/03-present Consultant on Drugs of Abuse, Major League Baseball
9/95-6/98 Director, Dual Diagnosis Inpatient Unit, Bellevue Hospital, N.Y.

1/95-6/98	Associate Director of Training, Division of Alcoholism and Drug Abuse, New York University Medical School
7/93 - 8/95	Director, Alcohol Inpatient Unit, Bellevue Hospital, N.Y.
7/92-present	Private Practice

Professional Societies

American Academy of Addiction Psychiatry
 Association for Medical Education and Research in Substance Abuse
 American Society of Addiction Medicine
 American Academy of Psychiatry and the Law
 New York University/Bellevue Psychiatric Society

Committee Assignments

12/11 - Present	President-Elect, American Academy of Addiction Psychiatry
12/01 – 12/11	Chairperson, Membership Steering Group, American Academy of Addiction Psychiatry
9/00 – 9/01	Liaison, from American Academy of Addiction Psychiatry to the American Psychiatric Association’s Assembly of Allied Organizations
1/00 – 3/03	Addiction Committee, American Academy of Psychiatry and the Law
9/94-12/01	Chairperson, Undergraduate Medical Education Subcommittee, American Academy of Addiction Psychiatry
9/93-6/98	Deputy Chairperson, Medical Education Subcommittee of the New York State Addiction Treatment Center (funded by the Center for Substance Abuse Treatment)

Major Research Interests

1. Medico-Legal Aspects of Addiction Psychiatry
2. Outcome Studies of Addiction and Dual Diagnosis
3. Therapeutic Alliance and Dual Diagnosis
4. Biological Treatments for Addiction
5. Trends in Heroin Use

Teaching Experience

1994-Present	Lectured on treatment of addicted and dually diagnosed patients for Medical Students, Psychiatry Residents, and Addiction Psychiatry fellows, New York University School of Medicine
1994-Present	Supervising Psychiatrist for Psychiatry Residents and Fellows in Addiction Psychiatry, New York University School of Medicine
1992-1993	Lectured on AIDS related dementia for Medical Students, New York University School of Medicine
1991-1992	Taught course in addiction for Junior Residents, Beth Israel Medical Center

Miscellaneous

2012	Fellow, American Psychiatric Association
2003	Teacher of the Year Award, Division of Alcoholism and Drug Abuse, New York University School of Medicine
1998	New Investigator/Educator Award, Association for Medical Education and Research in Substance Abuse (AMERSA)
1996	Guest Editor, Primary Psychiatry, Volume 3, #9
1995	Guest Editor, Primary Psychiatry, Volume 2, #7
7/91- 6/92	Chief Psychiatric Resident, Beth Israel Medical Center, New York, NY

Publications

Westreich, L: Addiction and the Americans with Disabilities Act (ADA). J Am Acad Psychiatry Law. 2002;30(3)

Taubes T, Galanter M, Dermatis H, Westreich L: Crack Cocaine and Schizophrenia as Risk Factors for PPD Reactivity in the Dually Diagnosed. Journal of Addictive Disorders. 1999;17(3)

- Leal D, Galanter M, Dermatis H, Westreich L: Correlates of protracted homelessness in a sample of dually diagnosed psychiatric inpatients. *Journal of Substance Abuse Treatment*. 1999;16:143-147
- Dermatis H, Galanter M, Egelko S, Westreich L: Schizophrenic patients and cocaine use: antecedents to hospitalization and course of treatment. *Substance Abuse* 1998;19:169-179
- Krakov DS, Galanter M, Dermatis H, Westreich LM: HIV Risk Factors in Dually Diagnosed Patients. *The American Journal on Addictions* 1998;7:74-80
- Westreich L, Galanter M, Baird D, Guedj P: Differences Between Men and Women in Dual Diagnosis Treatment. *The American Journal on Addictions* 1997; 6:311-317
- Westreich L, Heitner C, Gitlin C, Galanter M: Perceived Social Support and Treatment Retention on an Inpatient Addiction Treatment Unit. *The American Journal on Addictions* 1997; 6:144-149
- Westreich L, Galanter M: Training Psychiatric Residents in Addiction. *Substance Abuse* 1997; 18:13-25
- Westreich L, Galanter M, Lifshutz H, Metzger E, Silberstein C: A Modified Therapeutic Community for Dually Diagnosed Patients. *Journal of Substance Abuse Treatment* 1996; 13:533-536
- Castañeda R, Levy R, Westreich L, Sussman N: Drug craving and other negative reactions after abrupt substitution of nefazadone for other serotonergic agents.(Letter) *J Clin Psychiatry* 1996; 57:585-486
- Castañeda R, Sussman N, Westreich L, Levy R, O'Malley M: A review of moderate alcohol intake on the treatment of anxiety and mood disorders. *J Clin Psychiatry* 1996; 57:207-212
- Westreich L, Rosenthal R, Muran J.C.: A Preliminary Study of Therapeutic Alliance and Dually Diagnosed Inpatients. *American Journal on Addictions* 1996; 5:81-86
- Castañeda R, Lifshutz H, Westreich L, Galanter M: Concurrent Cocaine Withdrawal is Associated With Reduced Severity of Alcohol Withdrawal. *Comprehensive Psychiatry* 1995; 36(6):441-447
- Westreich L, Levine S, Ginsburg P, Wilets I: Patient Knowledge About Electroconvulsive Therapy: Effect of an Informational Video. *Convulsive Therapy* 1995(11):32-37
- Westreich L, Rosenthal R: Physical Examination of Substance Abusers. *Postgrad Medicine* 1995; 97(4):111-123
- Westreich L, Bialer P: Delirium and Acute Psychosis. *Postgrad Medicine* 1992; 92(5):319-332
- Westreich L: Assessing an Adult Patient's Suicide Risk. *Postgrad Medicine* 1991; 90(4):59-62

Books

Helping the Addict You Love, The New Effective Program for Getting the Addict Into Treatment, Simon & Schuster, April 2007

Book Chapters

Westreich, L: Anabolic Androgenic Steroids, In *Substance Abuse, A Comprehensive Textbook*, 3rd Ed. Eds. Lowinson J, Ruiz P, Langrod J., Williams and Wilkins, 2011

Westreich L, Leventhal E: Intervention With the Addicted Person,, in *Psychotherapy for the Treatment of Substance Abuse*, eds. Galanter M., Kleber H. American Psychiatric Press, Inc. Arlington, VA, 2011

Rosenthal RN, Westreich L. Cosmetic psychopharmacology: drugs that enhance wellbeing, performance, and creativity, in *Clinical Addiction Psychiatry*, eds Brizer D, Castaneda R. Cambridge University Press. Cambridge, 2010

Westreich L. Abstinence as a goal, in *Clinical Addiction Psychiatry*, eds Brizer D, Castaneda R. Cambridge University Press. Cambridge, 2010

Rosenthal RN, Westreich LM: Treatment of persons with dual diagnoses of substance use disorder and

other psychological problems, in Addictions, A Comprehensive Textbook, eds. McCrady BS, Epstein EE. Oxford University Press, New York, 1999

Castaneda R, Sussman N, Levy R, O'Malley M, Westreich L: A review of the effects of moderate alcohol intake on psychiatric and sleep disorders, in Recent Developments in Alcoholism, Volume 14, ed. Galanter M. Plenum Press, New York, 1998.

Other Publications

Westreich L.M, Finklestein, D: New medications for the treatment of substance use disorders. Primary Psychiatry. 2008;15(12):73-80

Westreich L: Journal of Addictive Diseases 2007(26):4.90-91 (Book Review)

Westreich L: Alcohol and Mental Illness. Primary Psychiatry 2005(12)53-57

Westreich L: Turning Addiction Emergencies Into Catalysts for Change. Current Psychiatry 2002(12):51-57

Westreich L: Getting the Addicted Person Into Treatment: What Families Can Do. Primary Psychiatry 1999(6):32-33

Westreich L: "Balliere's Clinical Psychiatry, Drugs of Abuse." Addiction 1997(92):1374-1375 (Book review)

Westreich L: The New Heroin Addict. Primary Psychiatry 1996(9):53-59

Westreich L: Medications Commonly Used in the Treatment of Chronic Substance Abuse. Primary Psychiatry 1995(7):60-63

Westreich L: Avoiding the Charge of Negligent Release (letter). Am J Psychiatry 1991;148:691

Westreich L: Doctors and Language: How We Confuse Our Patients. JAMA 1991; 265(1):117

Westreich L: AIDS Dementia Complex for the Primary Care Physician. Resident and Staff Physician 1990; 36(6):47-53

Westreich L: Modern Medical Training Confronts Guatemalan Poverty. Minnesota Medicine 1990; 73:19-22

Presentations

Drugs in Sport
Cornell University School of Medicine
New York, N.Y
October 23rd, 2013

DSM-5 and Addictive Disorders
National Council on Alcoholism and Drug Dependence
Tarrytown, N.Y.
August 2nd, 2013

Intervention in 2012
Keynote Address, National Council on Alcoholism and Drug Dependence
Baltimore, M.D.
April 17th, 2012

Office Alcohol Detoxification
Columbia University Faculty House

New York, N.Y.
June 9th, 2010

Anabolic Androgenic Steroids
American Academy of Addiction Psychiatry
Los Angeles, CA
December 5th, 2009

Steroid Use in American Sports
The American Society of Addiction Medicine
Toronto, CA
April 11th, 2008

Talking to the Addict's Loved Ones
The Addiction Institute
St. Lukes/Roosevelt Hospital
New York, N.Y.
February 28th, 2007

Performance Enhancing Substances in Major League Baseball
American Academy of Addiction Psychiatry
St. Pete's Beach, FL
December 8th, 2006

Addiction and Mood Disorders
Depression and Bipolar Support Alliance
Morristown, N.J.
September 28th, 2006

Drugs In Sport
The Addiction Institute
St. Lukes/Roosevelt Hospital
New York, N.Y.
May 17th, 2005

Criminals and Professional Athletes: Drugs and the Law
Silver Hill Hospital
New Canaan, CT
February 5th, 2004

Forensic Issues in Addiction Psychiatry
Beth Israel Medical Center
New York, N.Y.
April 3rd, 2003

Using Anti-Addiction Medication in Office Practice
New York University Psychopharmacology Annual review
March 1st, 2003

Addiction in the Workplace
Academy of Organizational and Occupational Psychiatry
San Diego, CA
January 20th, 2002

Addiction in the Workplace: Legal Challenges and Opportunities
American Academy of Addiction Psychiatry
Amelia Island, Florida
December 16th, 2001

Addiction and the Americans with Disabilities Act(ADA)
American Academy of Addiction Psychiatry

Phoenix, Arizona
December 8th, 2000

New Methods in Addiction Treatment
Jersey City Medical Center
Jersey City, New Jersey
October 24th, 2000

Heroin in the New Millennium
Martha's Vineyard Hospital
Vineyard Haven, Massachusetts
June 16th, 2000

Controversies in Treatment of the Dually Diagnosed Patient
University of Medicine and Dentistry
Newark, New Jersey
May 12th, 2000

Epidemiology of the Substance Use Disorders
American Academy of Addiction Psychiatry Review Course
Albuquerque, New Mexico
January 23rd, 2000

Civil Commitment of the Non-Dangerous Addicted Person(Poster)
American Academy of Addiction Psychiatry
Nassau, Bahamas
December 4th, 1999

Treatment of the Impaired Professional
Lenox Hill Hospital
New York, N.Y.
June 25th, 1999

New Treatments For Heroin Dependence
American Psychiatric Association Annual Meeting
Toronto, Canada
June 4th, 1998

Trends in Dual Diagnosis Treatment
Manhattan Psychiatric Center
N.Y., N.Y.
March 6th, 1998

Psychopharmacologic Treatment of Addiction
Psychopharmacology Update 1997
Baylor College of Medicine
Houston, TX
November 2nd, 1997

The New Heroin Epidemic
American Psychiatric Association Annual Meeting
San Diego, CA
May 20th, 1997

Treatment of the Dually Diagnosed Prisoner
Department of Justice, Corrections Program Office Conference
New Orleans, LA
April 24th, 1997

Outpatient Treatment of Alcoholism
White Plains Service Center/Rockland Psychiatric Center

White Plains, NY
March 20th, 1997

Biological Approaches to the Treatment of Addiction
Foundation for the Advanced Education in the Sciences
Bethesda, MD
November 16th, 1996

Differences Between Men and Women in Dual Diagnosis Treatment
New York State Office of Mental Health Research Conference
Albany, NY
December 4th, 1995

Sub-Syndromal Depression in a Population of Hospitalized Addicts(Poster)
AMERSA Conference
Washington D.C.
November 10th, 1995

Dual Diagnosis Treatment: An Overview
Metropolitan Hospital Dept. of Psychiatry
New York, N.Y.
June 9th, 1995

A Modified Therapeutic Community For The Dually Diagnosed
American Psychiatric Association
Miami, FL
May 22nd, 1995

Ethical Issues in Addiction Treatment
Westchester Psychological Association
Pace University
Pleasantville, NY
May 13th, 1995

Patterns of Discharge from a Voluntary Inpatient Addiction Treatment Program (Poster)
American Academy of Psychiatrists in Alcoholism and Addictions
San Diego, CA
December 2nd, 1994

Chemical Dependency and Mental Illness: A Family Systems Approach (Teleconference)
New York State Office of Mental Health
September 22nd, 1994

Pharmacologic Treatment of Addiction
International Perspectives on Crime, Drugs, and Public Order
City University of New York
June 16th, 1994

Inpatient Considerations in the Treatment of Alcoholism
New York State Department of Social Services Substance Abuse Symposium
Albany, NY
April 9th, 1994

Effect of an Informational Video About ECT (Poster)
American Psychiatric Association
San Francisco, CA
May 24th, 1993

Therapeutic Alliance and the Non-Traditional Psychotherapy Patient
Beth Israel Medical Center Department of Psychiatry Grand Rounds
June 18th, 1992

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